Growth rate variability and lipofuscin accumulation rates in the blue crab *Callinectes* *sapidus*

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**ABSTRACT:** To better understand growth and age-pigment (lipofuscin) accumulation rates of the blue crab *Callinectes* *sapidus* under natural conditions, juveniles (33 to 94 mm carapace width) were reared in outdoor ponds for over 1 yr. Growth rates, measured by carapace width, during summer and fall exceeded all those reported in the literature; the initial carapace width of 59 ± 14 mm (mean ± SD) increased to 164 ± 15 mm within a 3 mo period. No growth occurred during winter months (November to April) at low water temperatures. Growth rates of crabs in ponds were substantially higher (von Bertalanffy growth parameter K = 1.09) than those of crabs held in laboratory environments, and than rate estimates for natural populations of mid-Atlantic blue crabs. Model comparisons indicated that seasonalized von Bertalanffy growth models (r² > 0.9) provide a better fit than the non-seasonalized model (r² = 0.74) for pond-reared crabs and, by implication, are more appropriate for field populations. Despite growth rates that varied strongly with season, lipofuscin (normalized to protein concentration) accumulation rate was nearly constant throughout the year. Although the lipofuscin level in pond-reared crabs was significantly correlated with size (carapace width), it was more closely correlated with chronological age. Lipofuscin accumulation rates were also similar to those observed for laboratory-reared crabs, despite very large differences in growth rates and temperature regimes. The constancy of normalized-lipofuscin accumulation rates of blue crabs across seasons and environmental conditions suggests that lipofuscin concentration can be a more robust indicator of age than carapace width alone.

**KEY WORDS:** Blue crab · *Callinectus* *sapidus* · Age and growth · Carapace width · Lipofuscin · Age pigment · Eye-stalk · Chesapeake Bay

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mining growth rate (Smith 1997). Mark-recapture studies have been conducted to support estimates of growth rate and age, but have had limited success as many tags are lost during molting (Fannaly 1978, van Montfrans et al. 1986, Fitz & Wiegert 1991). Although growth estimates for blue crabs remain scant, and principally derive from laboratory studies with caged individuals, they are used for stock assessments (Rothschild et al. 1992, Rugolo et al. 1998). Several approaches have attempted to apply alternative growth models for crustaceans based on the intermolt period (Smith 1997) or temperature degree days (Curry & Feldman 1987). These modeling efforts have also been constrained by the lack of empirical measures of the intermolt period and torpor temperature (minimum temperature for molting), respectively. It is apparent that a better understanding of growth dynamics for blue crabs can significantly improve the understanding of their population structure and lead to more precise stock assessments.

The critical need for age-structure data for blue crab populations has led to alternative methods of age determination. Among the most successful are biochemical and histological approaches to measure the suite of condensation products (termed ‘lipofuscins’, LF) which accumulate in post-mitotic tissue as a consequence of cellular peroxidation reactions (see review by Gutteridge 1987). The accumulation of LF has been used as an alternative to conventional morp-hometric age-determination techniques for several crustaceans, including lobsters (Belchier et al. 1994, Sheehy et al. 1996, Wahle et al. 1996), crayfish (Sheehy 1992, Belchier et al. 1998), prawns (Sheehy et al. 1995), and krill (Ettershank & George 1984, Nicol et al. 1991). A modified biochemical approach whereby the concentration of LF is normalized to tissue protein has also proved successful for the blue crab Callinectes sapidus (Ju et al. 1999), but established a relationship between chronological age and LF level for only a 6 mo period in the laboratory. There is evidence that LF accumulation is associated with metabolic rate (Sohal 1981, Katz et al. 1984, Clarke et al. 1990, O’Donovan & Tully 1996), and thus its accumulation rate may be affected by environmental factors (i.e. temperature, food, space, etc.). Thus, it is important to examine the growth and LF accumulation rate of blue crabs reared under more natural environmental conditions over longer time periods. Here, we report rates of blue crab growth as carapace width (CW) and normalized-lipofuscin (LF index) accumulation in outdoor ponds over longer time intervals which more closely mimic natural conditions. This rearing study also provides information on seasonal growth patterns among individuals and cohorts spawned in different seasons (i.e. spring vs fall), which can aid the prediction of crab growth and recruitment to the fishery.

**MATERIALS AND METHODS**

**Pond rearing.** In July 1998, a sample of juvenile Callinectes sapidus (size range, CW = 33 to 94 mm; 58.9 ± 14.2 mm [mean ± SD], n = 49 [female = 20, male = 29] representing the fall cohort of 1997 was collected from the mouth of the Patuxent River. Blue crabs spawn continuously from spring to fall in the Chesapeake Bay region (van Engel 1958, Jones et al. 1983, Johnson 1995). Although the major mode of settlement by post-larvae (megalopae) occurs in July/August, substantial settlement continues until November (van Montfrans et al. 1990, 1995). Crabs used in this study were assumed to have originated from the fall spawning (September) based on their size (e.g. van Engel 1958). A sub-set of these were immediately sacrificed and analyzed, the other crabs were introduced into a 0.5 ha large and 2.0 m deep outdoor pond at Horn Point Laboratory (Cambridge, Maryland). The pond received a constant flow of screened ambient seawater (mean salinity = 10‰) from the Choptank River over the experimental period. Potential predators (cannibalism excepted) were excluded. The main prey available were abundant small fishes Fundulus heteroclitus and F. majalis and the brackishwater clam Rangia cuneata. At 3 to 6 mo intervals, the CW (including lateral spines) of individuals captured in pots was measured and a subset sacrificed for LF extraction and measurement. A second cohort of juveniles (size range, CW = 54 to 85 mm; 59.5 ± 7.33 mm, n = 36 [female = 15, male = 21] representing the summer cohort of 1998 (assumed to have originated from the June/July spawning (i.e. July/August settlement) was collected in March 1999 from Fishing Bay (at the eastern shore of the mesohaline Chesapeake Bay) and introduced into a second replicate pond to estimate growth rate alone.

Seasonal growth and LF index accumulation rates were estimated for mid-dates between sampling events by dividing CW and LF index increments by the time elapsed between sampling dates. For the pond studies, the mid-spring, late-summer, late-winter, and late-spring growth and accumulation rates correspond to the time increments 3 March–3 July, 5 August–5 November, 6 November–5 May, and 6 May–17 August, respectively.

Individuals reared in ponds were compared to a group of juveniles (size range, CW = 41 to 95 mm; 62.3 ± 12.5 mm, n = 45 [female = 25, male = 20] collected in the summer of 1997 and reared for a 6 mo period in the laboratory as described by Ju et al. (1999). In that study, crabs were held in individual cages...
under constant flowing seawater (200 ml min⁻¹; salinity ranging from 10 to 15 ‰) at constant (20°C) or ambient (24 ± 4°C) temperatures; juveniles were fed small pieces of frozen fish (typically Brevoortia tyrannus) every other day, and size (CW) and LF were measured monthly; at regular intervals (0, 1, 2, 3, 5 and 6 mo), laboratory-reared crabs were sacrificed and the LF contents were measured using a modified method of Ju et al. (1999) as described below.

**Analysis of extractable LF.** Crabs collected from the pond were anesthetized on ice prior to being sacrificed. After morphological measurement, eye-stalk tissues were carefully dissected and extracted for LF determination (Ju et al. 1999). Briefly, each excised tissue was transferred to a 4 ml amber vial for solvent extraction of LF. The analytical procedure for measurement of fluorescence intensity was modified slightly to improve sensitivity and to accommodate higher sample numbers by switching from individual sample detection (Hitachi 4500 scanning fluorescence spectrophotometer) to a flow-cell fluorescence spectrophotometer (Waters 474 Scanning Fluorescence Detector). Volumes of 10 µl from each extract were injected by an auto-sampler (Waters 717 Plus Autosampler) with methanol (MeOH) as carrier solvent (1 ml min⁻¹) through the flow cell. Fluorescence intensity was measured at a maximum emission wavelength of 405 nm using a maximum excitation at 340 nm at constant temperature (ca 10°C). Fluorescence intensities of identical extracts using these detectors were significantly correlated (r = 0.89, n = 42 ; p < 0.001) and values calibrated with those obtained by prior analysis.

To provide a quantitative measure of LF in tissue, fluorescence intensities of extractable LF were calibrated versus quinine sulfate (in 0.1 N H₂SO₄) and normalized to protein content of extracted tissues measured by the modified bicinchoninic acid (BCA) assay described by Nguyen & Harvey (1994). Although fluorescence intensity itself can be accurately calibrated against external standards, LF per unit tissue volume has often relied on wet or dry weight of small tissue samples, either before or after extraction (e.g. Ettershank & George 1984). Such measures are inherently variable and differ among tissue types and processing methods. Our use of cellular protein as a basis for measurement of extractable LF concentrations eliminates many of these difficulties. Rather than wet weight or other mass measures, protein provides a representative value of cellular material extracted over a wide range of tissue sizes, with the protein-normalized LF content expressed as LF index or normalized-LF (µg-LF content mg⁻¹ protein).

**Statistical analyses.** All data were natural log-transformed before statistical analyses to satisfy assumptions for homogeneity of variances and normality of residuals. Analysis of variance (ANOVA) was performed before statistical analyses to satisfy assumptions for homogeneity of variances and normality of residuals. Ju et al. (1999) as described below.

RESULTS

Juvenile *Callinectes sapidus* ≤1 yr old (mean CW = 59 mm; n = 49) grew rapidly and reached adult size (mean CW = 164 mm; n = 11) within 3 mo (by August to October) (Fig. 1). Growth ceased during winter as temperature declined. Growth from May to August for larger individuals was much slower than for juveniles in the previous summer and fall. Both carapace width and LF index in the eye-stalk increased significantly over the experimental duration (ANOVA; F = 52.06 (df = 3, 17) and 21.81 (df = 3, 17), respectively; p < 0.001). Seasonal comparisons of CW revealed no significant change after the first growth season (November 1998 to August 1999), whereas the LF index increased significantly through all seasons until the last time point sampled (Fig. 1). The minimum time period resolved by changes in the LF index from the pond-rearing experiment was approximately 3 mo.

The seasonal growth rates of pond-reared crabs estimated from CW increments corresponded well with changes in water temperature (Fig. 2). Growth rates were maximal during the first year of growth, with no
growth in winter at low temperatures. Normalized-LF accumulation rates estimated for the same individuals were constant over seasons and years regardless of seasonal variations in growth rate. Growth rates as measured by the non-seasonalized von Bertalanffy growth coefficient $K$ (rate at which asymptotic size is attained) varied from 0.49 to 1.45, depending on experimental conditions or study area (Table 1). The growth coefficient for pond-reared crabs (1.09) is much higher than previous estimates for Chesapeake Bay (0.51 to 0.64) and nearby Delaware Bay (0.75) crabs (Fig. 3). Pond-reared crabs also grew at substantially higher rates than crabs in laboratory environments (Table 1, Fig. 3). For pond-reared crabs, the seasonalized von Bertalanffy growth models ($r^2 > 0.9$) provide a better fit than the non-seasonalized model ($r^2 = 0.74$) (Fig. 4). Interestingly, growth coefficients ($K'$) measured by the seasonalized model (Eq. 1) for 2 different sets of pond-reared crabs were slightly different ($K' = 1.71$ and 1.19 for crabs reared from August 1998 to August 1999 and crabs reared from March 1999 to April 2000, respectively) (Fig. 4, Table 2), but not statistically different (regression analysis; $p > 0.05$).

Despite differences in CW, the LF index in eye-stalks showed no significant differences between laboratory- and pond-reared crabs (Table 3).
Because there was no effect of rearing condition (laboratory vs pond) on the normalized-LF (or LF index), data were pooled to estimate normalized-LF accumulation rate under the assumption that the initial age of laboratory- and pond-reared crabs was approximately 10 mo. This assumption is based on the observation that in July juveniles (mean CW ~60 mm) caught in the field had probably spawned in fall (September) of the previous year. Based on this assumption, the equation \( \ln(LF\ index) = 1.75 \times \text{age (yr)} – 3.65 \) was significant (p < 0.001) and explained 70% of the variation of the LN (or LF index) (Fig. 5).

Given the dependences on temperature of spawning date and thus seasonalized growth and LF accumulation rate, we tested the effect of shifting our assumption of spawning season to other dates, i.e. shifting fall (September 1997) and late-spring (June/July 1998) spawning to spring (May 1997) and fall (September 1998) spawning, respectively. In particular, the summer and fall period was of interest as warm waters might allow adequate growth before winter starts. Although initial time (\( t_0 \)) and initial LF level (LF intercept shifted \(<\pm 20\%\)) changed, no significant differences resulted for growth coefficients and LF accumulation rates. It was also apparent that seasonal growth models most closely fit the absence of growth during winter months at low temperatures. These results support the contention that assumed ages for juveniles used for rearing studies closely correspond to true ages.

### Table 3. Results of regression analysis for rearing condition effects (laboratory \([n = 34]\) vs pond \([n = 21]\)) on size (carapace width, mm) and lipofuscin index (\( \mu g \text{ mg}^{-1} \text{ protein} \)) in Callinectes sapidus. All data were log,-transformed before analysis. A: slope (±95% CL); B: intercept (±95% CL); p: probability of Type II error; Adj. \( r^2 \): adjusted regression coefficient; Z: slope comparisons between laboratory vs pond; NS: not significant (p > 0.05)

<table>
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<tr>
<th>Regression</th>
<th>A</th>
<th>B</th>
<th>Adj. ( r^2 )</th>
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<td>Size (CW) vs Time</td>
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<tr>
<td>Laboratory</td>
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<tr>
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<tr>
<td>Laboratory</td>
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<td>Z</td>
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![Fig. 2. (a) Mean surface water temperature of Choptank River from August 1998 to August 1999. (b) Seasonal growth of Callinectes sapidus (based on carapace width) and normalized-LF accumulation rate (no measure for the first spring season) estimated from 1998 and 1999 pond-reared crabs, each datum is mean ±2 SE; *only this growth rate was estimated from 1999 and 2000 pond-reared crabs.](image)

![Fig. 3. Growth of pond-reared Callinectes sapidus (n = 3 to 50) fitted with von Bertalanffy growth curves. Juveniles were introduced into ponds in August 1998 and March 1999. Growth curves are from Helser & Kahn (1999) and Rothschild et al. (1992). Parameters of each growth curve are given in Table 1.](image)
DISCUSSION

In practice, bias in size-based growth rate estimates can lead to high uncertainty in *Callinectes sapidus* stock assessments. Growth rates estimated for pond-reared crabs in the present study were significantly higher than those estimated in past rearing studies as well as those modeled for crab populations in the Mid-Atlantic region (see Table 1). Despite their amplitude, however, these rates probably reflect those likely to occur in nature. Because the ponds used for rearing crabs received a constant supply of Choptank River water, water quality was driven by seasonal and meteorological forcing. The ponds contained natural habitat structure (e.g. submerged aquatic vegetation) and forage assemblages (principally *Fundulus* spp.). Further, the growth coefficients of pond-reared crabs were similar to that estimated for Louisiana crabs (see Table 1). Although we do not know the effect of crab density on growth in the ponds, nor how forage conditions compared with those in the wild, we argue that empirical estimates derived from these systems represent robust patterns and amplitudes of seasonal and annual growth rates previously unavailable from laboratory or field studies on growth.

The pond-rearing experiments indicated that the von Bertalanffy growth model used extensively in the management of Chesapeake Bay blue crabs is imprecise for estimation of natural growth rates due to the strong seasonality of growth. Pond experiments also suggest that spawning date may influence growth rate. For example, crabs spawned during spring to early summer have a much longer initial growth season than late-summer- and fall-spawned crabs. Although their relative growth rate decreases during the second growth season, most attain harvestable size (>127 mm CW) during their second summer of life. Compared to the spring-spawned cohort (late-summer settlement), crabs which spawn in late summer and fall do not experience their first juvenile growth season until after winter. Because this cohort’s exponential growth phase coincides with warm summer-time temperatures, higher growth rates are expected for the fall cohort than the spring cohort (now experiencing its second growth season). Thus, by fall of the second year of life, for both cohorts, CW may exceed minimal legal size. In the pond environment nearly all crabs exceeded this size. The growth rates observed for such pond-reared crabs may in fact be maximal, but we expect that 1+ yr-old blue crabs comprise an important segment of late summer and fall landings (Ju 2000). A significant fraction of young crabs of harvestable size is consistent with an initial field study which indicated that <2 yr-old crabs recruited in substantial numbers to the fishery (Ju et al. 1999). For current Chesapeake Bay blue crab stocks, age designations of 0+, 1+, 2+ individuals have been assumed to correspond to crabs of <60, ≥60 to <120, and ≥120 mm CW, respectively (Rugolo et al. 1998). Based upon observed growth dynamics in ponds, such age assignments may underestimate rates of recruitment into the harvestable population.

Biological reference points used to evaluate the effect of exploitation on population dynamics (Mace 1994) are quite sensitive to growth rates. For example, Helser & Kahn (1999) reported that $F_{\text{max}}$ and $F_{0.1}$ (2 reference
points used to evaluate the rate of fishing mortality which will maximize yield at a given level of recruitment) were 2 times higher in Delaware Bay than in Chesapeake Bay due to different growth rate inputs (K = 0.75 and 0.59 for Delaware and Chesapeake Bay blue crabs, respectively: see Table 1). The interpretation may be that a higher K coefficient results in increased recruitment into the harvestable population. However, model outputs of higher $F_{max}$ and $F_{0.1}$ were also affected by differing natural mortality rates and life span estimates between populations. Therefore, the yield per recruit analyses do not necessarily indicate that a population of faster growing individuals can withstand higher rates of fishing without collapse. Furthermore, it is important to recognize that while growth is a principal attribute in the production of blue crabs, other attributes such as sex ratio, settlement rates, overwinter mortality, and size-specific reproductive rates should be considered (Lipcius et al. 1995, Jivoff & Hines 1998, Rugolo et al. 1998).

The LF index normalized using tissue protein reliably predicted chronological age in pond-reared crabs over the first 2 yr of life and accurately resolved age differences ≥3 mo. These results confirm that the LF index is well correlated with crab chronological age and compares well with previous laboratory results (Ju et al. 1999). More importantly, normalized-LF accumulation rates were not significantly different between crabs growing in laboratory or pond environments. The lack of a difference in LF accumulation rates between laboratory- and field-reared crayfish Cherax quadricarinatus was also observed by Sheehy (1992) using an histological approach for LF accumulation.

The normalized-LF accumulation rate in the blue crab appears largely unaffected by environmental conditions. This is despite predictions that the normalized-LF accumulation rate would be higher in pond- than in laboratory-reared crabs due to higher growth and associated metabolic rates of the former. This expectation was based upon evidence that LF accumulation rate is linked to physiological age which is a function of cumulative metabolic rate. One possible explanation may be that laboratory-reared crabs did not experience lower metabolic rates than crabs reared under more natural conditions. Metabolic rates of laboratory-reared crabs may have been high due to stress (limitation of food, space, or food quality) rather than anabolism (Sohal & Donato 1978, Porta 1987). It is also interesting that normalized-LF accumulation rates in pond-reared crabs did not show seasonality, even though some studies have shown seasonal patterns of LF accumulation using the histological approach (Sheehy et al. 1994, Vila et al. 2000). It has been speculated that during summer months the rapid synthesis of protein-growing neural tissues may disproportionately exceed seasonal LF accumulation rates, masking LF accumulation (e.g. a growth dilution effect) (Hill & Womersley 1991, Ju et al. 1999, Strauss 1999). Further, the metabolic rate of blue crabs is related to water temperature but not in a strictly linear fashion (Leffler 1972). However, the result from our additional laboratory-holding experiment for adult crabs (>130 mm CW), which were held at different temperatures (19°C vs 7°C) for 2 mo, indicated that temperature is a significant factor affecting LF accumulation in blue crabs (Ju 2000). The importance of temperature should be considered when applying empirical LF accumulation rates to natural crab populations, given the protracted spawning seasons of blue crabs and the temporal and spatial variations of temperature in coastal waters. More detailed study is required to fully understand the role of temperature on LF accumulation.

The exponential accumulation rate of the LF index (Fig. 5) suggests that LF is retained as a cumulative product through the life span of the crab. In other studies, this relationship has not been seen consistently (Hill & Womersley 1993) and we observed that the
accumulation rate declined slightly at the end points of the experiment (Fig. 5). This change may occur late in the crabs’ life when growth slows and halts, and it has been suggested that decreases in LF accumulation rate in older individuals might be associated with reduced growth rate and metabolism (Lockwood 1968, Sheehy 1992). Because we have not yet investigated crabs ≥3 yr of age, we cannot confidently extrapolate the normalized-LF accumulation rate for blue crabs to their entire life span.

Although it is clear that fundamental differences existed between the laboratory and the ponds in terms of blue crab growth rate, these differences did not substantially affect normalized-LF accumulation. The results confirm that protein-based LF measures can provide a robust method for age estimation of Callinectes sapidus through the first 2 yr of life. Little is known about the longevity, growth dynamics and LF accumulation rates for crabs ≥3 yr, but this could be addressed using similar approaches.

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