Guide to
NORTHEAST PACIFIC Flatfishes
Families Bothidae, Cynoglossidae, and Pleuronectidae

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The primary purpose of this guide is to simplify the identification of flatfish found along the Pacific coast of North America. It is intended for those who do not have the experience or the time to use a scientific key for identification. The guide is useful for commercial fishermen, fish processors, and fisheries managers. Recreational fishermen can use the photographs and illustrations to identify the species they see. Divers who don’t collect fish for later identification will also find the book helpful. The book is printed on water resistant paper to withstand hard wear and wet conditions.

While the guide is primarily for identification of flatfish species in Alaska waters, it includes all species along the Pacific coast of North America south to the California–Baja California border. Thirty of the thirty-nine species in this book have been reported in Alaska waters—by adding nine species the authors have extended the guide’s utility over a much larger area.

Species are arranged in the book by family rather than by color or other physical character, and families are arranged alphabetically: Bothidae, Cynoglossidae, and Pleuronectidae. Users of the guide can page through the book and select all possibilities for the specimen to be identified, then determine the correct name by using the distinguishing characters in the illustrations and photos. As an aid to narrowing the possibilities, species lists based on anal spine, lateral line shape, and length of the accessory dorsal branch are presented on pages 7–9.

This guide does not include a key to flatfishes. Keys can be found in Pacific Fishes of Canada, by J.S. Hart; Annotated Key to the Fishes of Alaska, by R. Baxter; and Guide to the Coastal Marine Fishes of California, by D.J. Miller and R.N. Lea.

We hope this guide is of practical use to the fishing industry. We also hope recreational fishermen and divers can find greater enjoyment in their sport by being able to identify the flatfish they see or catch.

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Brian C. Paust
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About the Authors

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Introduction

Flatfishes are unique in that the skull is asymmetrical with both eyes on the same side of the head. Flatfish begin life like symmetrical fish, with an eye on each side of the head. A few days after hatching, one eye begins to migrate and soon both eyes are close together on one side. Flatfish spend the rest of their lives on or near the bottom with the eyed side facing up. The blind side is usually a paler color (most often white or off-white) than the eyed side. If the right eye migrates to the left side, the flatfish is left-eyed (sinistral). If the left eye migrates to the right side, the fish is right-eyed (dextral).

Flatfish are in the order Pleuronectiformes (sometimes called Heterosomata). Worldwide there are more than 500 species of flatfishes, in six or seven families. Flatfishes include flounders, soles, turbots, halibuts, sanddabs, plaice, and tonguefishes. These names do not indicate that a fish belongs to a specific family; for example, species referred to as sole occur in Bothidae, Pleuronectidae, and Soleidae. Flatfishes found in North American waters are in two broad categories—one includes the families Bothidae and Pleuronectidae, and the other includes the families Cynoglossidae and Soleidae.

The Bothidae is a very large family with more than 200 species, seven of which are found along the Pacific coast of North America. The family is called the left-eyed flounders because the eyes and dark color typically are on the left side. However, in two of the seven Pacific coast species (California halibut and fantail sole), the eyes can be on the left side or the right side. The Bothidae are closely related to the Pleuronectidae.

The Cynoglossidae is made up of about 100 species of tonguefishes. Their eyes are on the left side and the dorsal and anal fins are joined to the pointed caudal fin. Only one species in the family occurs along the Pacific coast of North America, the California tonguefish. Cynoglossidae species are closely related to Soleidae; in fact the American Fisheries Society lists all members of the two families in Soleidae. Soleidae also includes species with the eyes on the right side and a distinct caudal fin that is not pointed.

The Pleuronectidae is composed of right-eyed flounders, with the eyes and dark color usually on the right side. This family includes about 100 species, 31 of which are found along the Pacific coast of North America. Only one of the 31 species (the starry flounder) regularly has the eyes on either the left or right side of the head. The Pacific halibut occasionally breaks the rule and is left-eyed.
Using This Guide to Identify Flatfish

The purpose of this guide is to provide enough information to easily identify flatfish, without using a scientific key. The photographs and illustrations showing the important features of each species can be used to identify a fish. The labeled illustrations of flatfish on pages 3–6 serve as a basis for interpreting species descriptions and illustrations throughout the book. They show external characters, how flatfish are measured, pelvic fin symmetry, caudal fin shape, and mouth position.

Three features that are easy to check can be used to narrow the range of possibilities for an unknown fish. These features are the anal spine, shape of the lateral line, and presence or absence of an accessory dorsal branch.

The anal spine is located at the front of the anal fin. It points toward the head of the fish, and may be strong or weak and exposed or embedded. Locate the anal spine by running a finger back along the abdominal ridge from the pelvic fins to the anal fin. It may be necessary to use a fingernail to find a spine that is small and embedded.

The lateral line above the pectoral fin can be straight, curved, or arched. The characteristic shape of the lateral line for each species can be seen on both the eyed and blind sides.

The accessory dorsal branch is a branch of the lateral line. It starts near the head and runs back just below the dorsal fin. It may be easier to find on the blind side, but it is sometimes shorter there so both sides should be examined.

Throughout the book, the lengths given for fish are fork lengths. Depths are in fathoms (fm); 1 fathom = 6 feet.

To identify a flatfish, look for the anal spine, lateral line, and an accessory dorsal branch and use the species lists on pages 7, 8, and 9 to make a list of possible names. Then compare the fish being identified with illustrations and photographs of each species on your list, using pages 3–6 as a guide. This task will be further simplified if you know where the fish was taken, because you can use range information to eliminate some of the possible species.
External Characters of Flatfish

- Accessory dorsal branch of lateral line
- Dorsal fin
- Caudal fin or tail fin
- Pectoral fin
- Operculum or gill cover
- Pelvic fin or ventral fin
- Anal fin
- Arch in lateral line
- Ridge between eyes
- Lateral line
- Maxillary
- Pores
- Preopercle
- Caudal peduncle
- Gastric cavity
- Anal spine
- Opercle
Flatfish Measurements

- Standard length
- Head length
- Snout length
- Body depth
- Fork length
- Caudal peduncle length
- Maxillary length
- Lateral line arch height
Caudal Fin Shapes

- Rounded
- Pointed
- Lunate
- Truncate
- Double Truncate

Mouth Measurements

- Maxillary extends to below posterior edge of eye socket; sometimes goes past posterior edge of eye socket.
- Maxillary extends to below eye socket.
- Maxillary extends to anterior edge of eye socket; sometimes does not reach anterior edge of eye socket.
Pelvic Fin Symmetry

Pelvic fins asymmetrically placed.
Eyed-side fin inserts on abdominal ridge.
Blind-side fin inserts off abdominal ridge.

Family Bothidae

One pelvic fin located on eyed side.
No pelvic fin on blind side.

Family Cynoglossidae

Pelvic fins symmetrically placed.
Fins insert one on each side of abdominal ridge.

Family Pleuronectidae
List of Species—Anal Spine

See page 3 for anal spine illustration.

**Anal Spine Absent**
- Gulf Sand dab (p. 12)
  Citharichthys fragilis
- Pacific Sand dab (p. 14)
  Citharichthys sordidus
- Speckled Sand dab (p. 16)
  Citharichthys stigmaeus
- Longfin Sand dab (p. 18)
  Citharichthys xanthostigma
- California Halibut (p. 22)
  Paralichthys californicus
- Fantail Sole (p. 26)
  Xysteunys lolepsis
- California Tonguefish (p. 30)
  Symphurus atricaudus
- Scalyeye Plaice (p. 32)
  Acanthopectra nadeshnyi
- Kamchatka Flounder (p. 34)
  Atheresthes evermanni
- Arrowtooth Flounder (p. 36)
  Atheresthes stomias
- Roughscale Sole (p. 38)
  Codiomeria asperrimum
- Deepsea Sole (p. 40)
  Embassichthys bathybius
- Dover Sole (p. 60)
  Microstomus pacificus
- Greenland Halibut (p. 94)
  Reinhardtiuus hippoglossoides

**Anal Spine Present**
- Bigmouth Sole (p. 20)
  Hippoglossina stomaeta
- Slender Sole (p. 42)
  Eopsetta exilis
- Petrale Sole (p. 44)
  Eopsetta jordani
- Rex Sole (p. 46)
  Enrox zachirus
- Korean Flounder (p. 48)
  Glyptocephalus stelleri

**Anal Spine Present (continued)**
- Flathead Sole (p. 50)
  Hippoglossoides elassodon
- Bering Flounder (p. 52)
  Hippoglossoides robustus
- Pacific Halibut (p. 54)
  Hippoglossus stenolepis
- Diamond Turbot (p. 56)
  Hypsopsetta guttulata
- Forkline Sole (p. 58)
  Enopsetta ischyra
- Starry Flounder (p. 62)
  Platichthys stellatus
- Yellowfin Sole (p. 66)
  Pleuronectes asper
- Rock Sole (p. 68)
  Pleuronectes bilineatus
- Arctic Flounder (p. 70)
  Pleuronectes glacialis
- Butter Sole (p. 72)
  Pleuronectes isolepis
- Dark Flounder (p. 74)
  Pleuronectes obscurus
- Longhead Dab (p. 76)
  Pleuronectes proboscideus
- Alaska Plaice (p. 78)
  Pleuronectes quadriruberculaetus
- Sakhalin Sole (p. 80)
  Pleuronectes sakhalinensis
- English Sole (p. 82)
  Pleuronectes vetulus
- C-O Sole (p. 84)
  Pleuronichthys coenosus
- Curlin Sole (p. 86)
  Pleuronichthys decurrens
- Spotted Turbot (p. 88)
  Pleuronichthys ritteri
- Hornyhead Turbot (p. 90)
  Pleuronichthys verticalis
- Sand Sole (p. 92)
  Psettichthys melanostictus
List of Species—Lateral Line Shape

See pages 3–4 for lateral line illustration.

**No Lateral Line**
California Tonguefish (p. 30)
Symphurus atricauda

**Straight to Curved Lateral Line**
Gulf Sanddab (p. 12)
*Citharichthys fragilis*
Pacific Sanddab (p. 14)
*Citharichthys sordidus*
Speckled Sanddab (p. 16)
*Citharichthys stigmaeus*
Longfin Sanddab (p. 18)
*Citharichthys xanhostigma*
Kamchatka Flounder (p. 34)
Atheresthes evermanni
Arrowtooth Flounder (p. 36)
Atheresthes stomias
Slender Sole (p. 42)
*Eopsetta exilis*
Petrale Sole (p. 44)
*Eopsetta jordani*
Rex Sole (p. 46)
*Etirex zachius*
Korean Flounder (p. 48)
*Glyptocephalus stelleri*
Diamond Turbot (p. 56)
*Hypsopsetta gullulata*
Forkline Sole (p. 58)
*Inopsetta ischya*
Dover Sole (p. 60)
*Microstomus pacificus*
Starry Flounder (p. 62)
*Platichthys stellatus*
Arctic Flounder (p. 70)
*Pleuronectes glacialis*
English Sole (p. 82)
*Pleuronectes vetulus*
C-O Sole (p. 84)
*Pleuronichthys coenosus*
Curlfin Sole (p. 86)
*Pleuronichthys decurrens*
Spotted Turbot (p. 88)
*Pleuronichthys ritteri*

**Straight to Curved Lateral Line (continued)**
Hornyhead Turbot (p. 90)
*Pleuronichthys verticalis*
Sand Sole (p. 92)
*Psetticthys melanostictus*
Greenland Halibut (p. 94)
*Reinhardtius hippoglossoides*

**Low Arch in Lateral Line**
Roughscale Sole (p. 38)
*Chibodera asperrimum*
Deepsea Sole (p. 40)
*Embossichthys bathybus*
Flathead Sole (p. 50)
*Hippoglossoides elassodon*
Bering Flounder (p. 52)
*Hippoglossoides robustus*
Butter Sole (p. 72)
*Pleuronectes isolepis*
Dark Flounder (p. 74)
*Pleuronectes obscurus*

**Medium to High Arch in Lateral Line**
Bigmouth Sole (p. 20)
*Hippoglossoides stromata*
California Halibut (p. 22)
*Parallichthys californicus*
Fantail Sole (p. 26)
*Xystreurus helopeus*
Scalyeye Plaice (p. 32)
*Acanthopsetta nadeshnyi*
Pacific Halibut (p. 54)
*Hippoglossus stenolepis*
Yellowfin Sole (p. 66)
*Pleuronectes asper*
Rock Sole (p. 68)
*Pleuronectes bilineatus*
Longhead Dab (p. 76)
*Pleuronectes proboscideus*
Alaska Plaice (p. 78)
*Pleuronectes quadrituberculatus*
Sakhalin Sole (p. 80)
*Pleuronectes sakhalinensis*
List of Species—Accessory Dorsal Branch

See pages 3–4 for accessory dorsal branch illustration.

No Lateral Line
California Tonguefish (p. 30)
Symphurus atricauda

No Accessory Dorsal Branch to Lateral Line (ADB)
Gulf Sanddab (p. 12)
Citharichthys fragilis
Pacific Sanddab (p. 14)
Citharichthys sordidus
Speckled Sanddab (p. 16)
Citharichthys stigmatus
Longfin Sanddab (p. 18)
Citharichthys xanthuris
Bigmouth Sole (p. 20)
Hippoglossoma stomata
California Halibut (p. 22)
Paralichthys californicus
Fantail Sole (p. 26)
Xystreurys liolepis
Scalyeye Plaice (p. 32)
Acanthopsetta nadeshnyi
Kamchatka Flounder (p. 34)
Atheresthes evermanni
Arrowtooth Flounder (p. 36)
Atheresthes stomias
Roughscale Sole (p. 38)
Clistoderma asperatum
Deepsea Sole (p. 40)
Ambassichthys bathybius
Slender Sole (p. 42)
Eopsetta exilis
Petrale Sole (p. 44)
Eopsetta jordani
Rex Sole (p. 46)
Errex zachius
Korean Flounder (p. 48)
Glyptocephalus stelleri
Flathead Sole (p. 50)
Hippoglossoides elassodon
Bering Flounder (p. 52)
Hippoglossoides robustus

No ADB (continued)
Pacific Halibut (p. 54)
Hippoglossus stenolepis
Dover Sole (p. 60)
Microstomus pacificus
Starry Flounder (p. 62)
Platichthys stellatus
Yellowfin Sole (p. 66)
Pleuronectes asper
Arctic Flounder (p. 70)
Pleuronectes glacialis
Dark Flounder (p. 74)
Pleuronectes obscurus
Longhead Dab (p. 76)
Pleuronectes proboscideus
Alaska Plaice (p. 78)
Pleuronectes quadriruberculatus
Sakhalin Sole (p. 80)
Pleuronectes sakhalinensis
Greenland Halibut (p. 94)
Reinhardtius hippoglossoides

Short ADB
Forkline Sole (p. 58)
Inopsetta ischyra
Rock Sole (p. 68)
Pleuronectes bilineatus
Sand Sole (p. 92)
Psetticthys melanostictus

Medium to Long ADB
Diamond Turbot (p. 56)
Hypopsisssetta guttulata
Butter Sole (p. 72)
Pleuronectes isolepis
English Sole (p. 82)
Pleuronectes vetulus
C-O Sole (p. 84)
Pleuronichthys coenosus
Curlfin Sole (p. 86)
Pleuronichthys decurrens
Spotted Turbot (p. 88)
Pleuronichthys ritteri
Hornyhead Turbot (p. 90)
Pleuronichthys verticalis
Place names on these maps are referred to in text describing flatfish distribution, pages 12-94.
**Gulf Sanddab**  
*Citharichthys fragilis*

**Description:** Left-eyed. Eyed side uniform brownish color. Blind side off-white to light tan. Body elongate to oval. Caudal fin rounded. Lateral line nearly straight; accessory dorsal branch absent. Medium-sized mouth with head length 2 1/2 times maxillary length. Anal spine absent. Gill rakers on lower limb of first arch are 16 to 21. Scale count in lateral line is 46 to 51.

**Size:** To 14 cm (6 inches).

**Range and Habitat:** From Manhattan Beach, southern California, south along the coast of Baja California and into the Gulf of California. Most common in the Gulf of California. From 10 to 190 ft.

**Remarks:** Similar to Pacific sanddab (which has smaller scales); to speckled sanddab (which has smaller scales and shorter pectoral fin); and to longfin sanddab (which has longer pectoral fin). Positive identification of gulf sanddab, Pacific sanddab, speckled sanddab, and longfin sanddab require gill raker and lateral line scale counts.
Family: Bothidae

Gulf sanddab, eyed side.

Gulf sanddab, blind side.
Pacific Sanddab

*Citharinichthys sordidus*

(mottled sanddab, soft flounder, melgrim)

**Description:** Left-eyed. Eyed side dull light brown, mottled with brown or black and sometimes yellow or orange. Blind side off-white to tan. Body elongate to oval, with large scales. Caudal fin only slightly rounded. Lateral line nearly straight; accessory dorsal branch absent. Mouth medium-sized with maxillary extending below anterior part of lower eye. Eyes large. Anal spine absent. Gill rakers on lower limb of first arch are 12 to 16. Scale count in lateral line is 61 to 70.

**Size:** To 41 cm (16 inches). To 2 pounds, but most weigh less than ½ pound.

**Range and Habitat:** Sea of Japan, Aleutian Islands, Bering Sea, and south to Cape San Lucas, Baja California. Sand or mud-sand bottom in 5 to 300 fm; most abundant in 20 to 50 fm, rare below 100 fm. Common in shallow coastal water from British Columbia to California.

**Remarks:** Excellent food fish. Regarded as a delicacy in California, low commercial demand elsewhere (Oregon, Washington, British Columbia). Sometimes confused with speckled sanddab, which has black speckling on body. Positive identification of Pacific sanddab, gulf sanddab, speckled sanddab, and longfin sanddab require gill raker and lateral line scale counts.
Pacific sanddab, eyed side.

Pacific sanddab, blind side.
**Speckled Sanddab**  
*Citharichthys stigmaeus*

**(Catalina sanddab)**

**Description:** Left-eyed. Eyed side tan to olive brown, finely and sharply speckled with black. Blind side off-white to cream. Body elongate to oval. Caudal peduncle slender. Caudal fin rounded. Lateral line straight with slight slope over pectoral fin; accessory dorsal branch absent. Mouth medium-sized with maxillary extending below anterior part of eye. Eyes small to medium-sized. Anal spine absent. Gill rakers on lower limb of first arch are 8 to 10. Scale count in lateral line is 52 to 58.

**Size:** To 17 cm (7 inches), but rarely over 13 cm (5 inches).

**Range and Habitat:** Montague Island, Alaska, to Magdalena Bay, southern Baja California. On sand bottom from 0 to 200 ft. Most common in shallow water to 10 ft.

**Remarks:** Common but of no commercial importance because of small size. Serves as food for other fish, marine mammals, and seabirds. Similar to Pacific sanddab, which lacks black speckling on body. Positive identification of speckled sanddab, gulf sanddab, Pacific sanddab, and longfin sanddab require gill raker and lateral line scale counts.
Family: Bothidae

Speckled sanddab, eyed side.

Speckled sanddab, blind side.
**Longfin Sanddab** *Citharichthys xanthurus*

**Description:** Left-eyed. Eyed side uniform dark brown with white and rust-to-orange speckles. Blind side whitish. Body shape elongate to oval. Eyed side pectoral fin is blackish with very long uppermost rays. Caudal fin rounded. Lateral line nearly straight, accessory dorsal branch absent. Mouth moderate-sized with maxillary almost to below middle of eye. Space between eyes narrow, with sharp ridge above lower eye. Anal spine absent. Gill rakers on lower limb of first arch are 10 to 12. Scale count in lateral line is 47 to 57.

**Size:** To 25 cm (10 inches).

**Range and Habitat:** Monterey Bay, California, to Costa Rica including Gulf of California. Rare north of Santa Barbara, California. On bottom to depths of 110 ft.

**Remarks:** Common off southern California. Distinguished from other sanddabs by very long pectoral fin on eyed side. Positive identification of longfin sanddab, gulf sanddab, Pacific sanddab, and speckled sanddab require gill raker and lateral line scale counts.
Family: Bothidae

Longfin sanddab, eyed side.

Longfin sanddab, blind side.
Bigmouth Sole

**Description:** Left-eyed. Eyed side brown with dark blotches and sometimes with bluish speckles. Usually five pairs of large, dark brown spots near upper and lower edges of body and one pair on the caudal peduncle. Blind side whitish. Body shape elongate to oval. Caudal fin rounded. High arch in lateral line over pectoral fin, accessory dorsal branch absent. Mouth large without noticeable teeth. Anal spine present.

**Size:** To 40 cm (16 inches).

**Range and Habitat:** Monterey Bay, California, south into the Gulf of California and including Guadalupe Island. On bottom from 16 to 75 ft.

**Remarks:** Flesh reported to be of high quality. Fish is uncommon and of negligible commercial importance. Similar to California halibut, which has longer jaw teeth, is larger, and has different caudal fin shape.
Family: Bothidae

Bigmouth sole, eyed side.

Bigmouth sole, blind side.
California Halibut
(Monterey halibut, southern halibut)

Description: Belongs to left-eyed flounder family, but can also be right-eyed (40%). Eyed side greenish or grayish brown to black; may have lighter or darker motting. Young often have white spots. Blind side white. Scales smooth. Body shape elongate to oval. Caudal fin slightly indented near top and bottom. Lateral line with high arch, accessory dorsal branch absent. Mouth large with numerous strong teeth. Maxillary extends below or beyond posterior part of lower eye. Small eyes with wide, flat area between eyes. Anal spine absent.

Size: To 152 cm (60 inches). Reported up to 72 pounds (verified record is 61 1/2 pounds). Average is 6 to 7 pounds.

Range and Habitat: Quillayute River, Washington, to Magdalena Bay, southern Baja California, and in Gulf of California. Sand bottom from near shore to 100 ft. Usually at depths less than 15 ft.

Remarks: An excellent food fish. Important in sport and commercial fisheries off California. Common off southern California, especially in spring. Similar to, but easily separated from bigmouth sole (which has evenly rounded tail); Pacific halibut (which has shorter maxillary); Greenland halibut (which has dark blind side); and arrowtooth flounder (which has straight lateral line).

Eyes small
Mouth large with maxillary extending below or beyond posterior part of eye
Lateral line has high arch over pectoral fin
Caudal fin indented near top and bottom

Note: Eyes and darker color may be on left or right side
Family: Bothidae

California halibut, eyed side. Right-eyed and left-eyed specimens.

PHOTO BY ANN DALKEY

California halibut, blind side. Left-eyed and right-eyed specimens.
California Halibut *Paralichthys californicus*

*Photo by William H. Barss*

California halibut, eyed side. Left-eyed specimen.

*Photo by Ann Dackly*

California halibut, blind side. Left-eyed specimen.
Family: Bothidae

California halibut, eyed side. Right-eyed specimen.

California halibut, blind side. Right-eyed specimen.
Fantail Sole

(longfin sole, true petrale)

**Description:** Belongs to left-eyed flounder family, but can also be right-eyed. Eyed side olive to brown with darker mottling; may have many gray or reddish-brown blotches; often has two ocelli (one behind head and one near rear of body). Blind side white. Body shape oval. Caudal fin rounded or slightly indented near top and bottom. Lateral line with high arch over pectoral fin; accessory dorsal branch absent. Mouth small with maxillary extending below about middle of lower eye. Anal spine absent.

**Size:** To 53 cm (21 inches). Average size is about 6 inches.

**Range and Habitat:** Monterey Bay, California, to central Baja California and in the northern Gulf of California. On sand or mud bottom from 2 to 44 fms. Usually buried in bottom.

**Remarks:** Uncommon. Rarely caught on sport fishing gear. Forms a small portion of commercial sole catch near Santa Barbara, California. Similar to bigmouth sole (which has larger mouth) and longfin sanddab (which has straight lateral line).

Eyed side pectoral fin equal to or longer than head

Lateral line has high arch over pectoral fin

Mouth small; maxillary extends below about middle of lower eye

Usually with two ocelli

Caudal fin rounded or with slight indentations near top and bottom
Family: Bothidae

*Fantail sole, eyed side. Right-eyed and left-eyed specimens.*

*Fotograph by Ann Darley*

*Fotograph by Ann Darley*

*Fotograph by Ann Darley*

*Fotograph by Ann Darley*
Fantail sole, eyed side. Left-eyed specimen.

Fantail sole, blind side. Left-eyed specimen.
Family: Bothidae

Fantail sole, eyed side. Right-eyed specimen.

Fantail sole, blind side. Right-eyed specimen.
California Tonguefish  *Symphurus atricauda*


**Size:** To 21 cm (8 inches). Most less than 6 inches.

**Range and Habitat:** Yaquina Bay, Oregon, to Panama. On sand or mud bottom from 1 to 110 fm.

**Remarks:** Common off southern California; rare north of Point Conception, California. Occasionally caught by sport fishermen using small hooks. Too small to be of market value.
Family: Cynoglossidae

California tonguefish, eyed side.

California tonguefish, blind side.
Scalyeye Plaice  \( Acanthopsetta nadeshnii \)

(Nadezhny's flounder)


**Size:** To 40 cm (16 inches).

**Range and Habitat:** From Sea of Japan coast along Fukui Prefecture and east coast of Korea into the Gulf of Tartary and Sea of Okhotsk and from Pacific coast of Japan along Iwate Prefecture into western Bering Sea. Occurs in deeper water than most other flatfish. On sandy bottom from 16 to 400 fm. Usually found at 30 to 40 fm.

**Remarks:** Taken by trawl. Low commercial value due to poor flavor caused by high oil content.
Family: Pleuronectidae

Scalyeye plaice, eyed side.

Scalyeye plaice, blind side.
Kamchatka Flounder

(Asiatic arrowtooth)


Size: To 84 cm (33 inches).

Range and Habitat: In Sea of Japan and Sea of Okhotsk north to Gulf of Anadyr. In Bering Sea east to Bristol Bay; north and south of the Aleutian Islands east to Shelikof Strait. On sand or mud bottoms from 14 to 600 fm. Most reported between 27 and 270 fm.

Remarks: Very similar to arrowtooth flounder, which has different upper eye position. Similar to Greenland halibut, which has L-shaped (angular) preopercle. Can be distinguished from arrowtooth flounder by gill raker counts.
Family: Pleuronectidae

Kamchatka flounder, eyed side.

Kamchatka flounder, blind side.
Arrowtooth Flounder  
*Atheresthes stomias*  
(longjaw flounder, French sole, turbot)


**Size:** To 86 cm (34 inches) and up to 17 pounds. Often large, and females are bigger than males.

**Range and Habitat:** Eastern Bering Sea to San Pedro, southern California. (San Pedro record may have been a slender sole.) North and south of Alaska Peninsula and Aleutians. One specimen reported from Chukchi Sea. On soft bottoms from 10 to 400 ft. Most common at 150 to 220 ft.

**Remarks:** Common in waters of Alaska through Oregon. Very abundant in the Gulf of Alaska. Taken primarily in trawls. Not of high commercial value due to poor flesh quality. Used traditionally as animal feed, but human consumption increasing.
Family: Pleuronectidae

Arrowtooth flounder, eyed side.

Arrowtooth flounder, blind side.

Size: To 55 cm (22 inches).

Range and Habitat: Yellow Sea and Sea of Japan north into Sea of Okhotsk. Bering Sea south to Punta Gorda, Mendocino County, California. In eastern Pacific on mud bottoms at 185 to 190 ft.

Remarks: Common off Japan, but rare in eastern Pacific waters.
Family: Pleuronectidae

Roughscale sole, eyed side.

Roughscale sole, blind side.
**Description:** Right-eyed. Both sides colored. Eyed side dark gray to reddish brown, darker on upper and lower thirds of body; broad bluish blotches can be seen in fresh specimens. Blind side dusky gray to brown. Body shape oval with small, rounded caudal fin. Lateral line nearly straight with very low arch over pectoral fin; accessory dorsal branch absent. Mouth small with prominent black lips. Maxillary extends to below anterior part of right eye. Teeth moderately developed on both sides of both jaws. Eyes large. High ridge between eyes. Anal spine absent.

**Size:** To 47 cm (inches).

**Range and Habitat:** Northern Japan through Gulf of Alaska to California-Mexico border. A deepwater species found on mud bottoms from 185 to 750 fm; most are deeper than 350 fm.

**Remarks:** Extremely flabby flatfish of no commercial importance. Similar to Dover sole, which has a more slender body and teeth mostly on blind side.
Family: Pleuronectidae

Deepsea sole, eyed side.

Deepsea sole, blind side.
Slender Sole
(rough sole)

Description: Right-eyed. Eyed side pale olive brown to reddish brown with black speckling on edges of fins. Blind side whitish to pale yellow or orange. Body slender, elongate. Caudal fin rounded or pointed. Pectoral fins small, narrow; fins dusky, but dorsal and ventral may be pale at edges. Lateral line nearly straight; accessory dorsal branch absent. Mouth medium to large with maxillary extending to or almost to middle of lower eye. Teeth on both sides of both jaws with two rows on upper jaw. Eyes large; upper eye at top of head. High ridge running between eyes to lateral line. Anal spine strong, sharp. Deciduous scales large, prominent (or scale pockets on trawled specimens).

Size: To 35 cm (14 inches). Small, most less than 10 inches; average size about 8 inches.

Range and Habitat: From North Albatross Bank off Alaska (east of Kodiak Island), to Cedros Island, central Baja California. One record in Bering Sea. On muddy or silty bottoms. From 5 to 437 ft; mostly at 40 to 110 ft during summer.

Remarks: Common. Excellent flavor, but too small to be of commercial importance.
Family: Pleuronectidae

Slender sole, eyed side.

Slender sole, blind side.
**Petrale Sole**

*Eopsetta jordani*

(brill, California sole, roundnosed sole)

**Description:** Right-eyed. Eyed side uniform light to dark brown. Blind side white, sometimes with pink traces. Body shape oval to round. Caudal fin longest in middle and slightly indented near edges. Lateral line with low curve over pectoral fin; accessory dorsal branch absent. Mouth large. Maxillary extends to below or slightly beyond middle of lower eye. Upper jaw with two rows of small, arrow-shaped teeth; one row of teeth on lower jaw. Posterior edge of lower jaw rounded. Eyes medium-sized with broad space between them. Anal spine strong.

**Size:** 1 to 70 cm (28 inches) and 8 pounds. Average size in trawl catch is about 1 to 2 pounds.

**Range and Habitat:** Bering Sea and Aleutian Islands through Gulf of Alaska to Coronado Islands, northern Baja California. On sand and mud bottoms from 10 to 300 fm. Most abundant at 30 to 70 fm from April through October and at 150 to 250 fm during winter.

**Remarks:** Important commercially because of good size and excellent quality. Most caught by trawl and marketed as fresh or frozen fillets. Similar to flathead sole and Bering flounder which have one row of teeth on upper jaw.

- Lateral line has low curve over pectoral fin
- No visible pores behind lower eye
- Caudal fin longest in middle and indented near edges
- Scales very small, firmly attached
- Caudal fin membranes pigmented
- Mouth large with two rows of teeth on upper jaw
- Posterior edge of lower jaw rounded
- Anal spine strong
Family: Pleuronectidae

*Petrale sole, eyed side.*

*Petrale sole, blind side.*
Rex Sole
(longfinned sole, witch sole)  Formerly Glyptocephalus zachirus


Size: To 61 cm (24 inches). Average size about 10 inches and ½ pound.

Range and Habitat: Bering Sea and Aleutian Islands to Cedros Island, central Baja California. Widely distributed on sand and mud bottoms from 0 to 465 ft. Most abundant at about 100 to 250 ft.

Remarks: Abundant and an excellent food fish. Not heavily used commercially because of small size and thin body. Has been used in the past for animal feed, but use as a market species is growing (frozen head off and gutted).
Family: Pleuronectidae

Rex sole, eyed side.

Rex sole, blind side.
Korean Flounder  
(Steller’s smallmouth flounder)

**Description:** Right-eyed. Eyed side grayish brown. Blind side gray. Body shape elongate to oval. Caudal fin rounded. Lateral line nearly straight. Mouth small with teeth on both sides of both jaws. Maxillary extends to below anterior part of lower eye. High, narrow ridge between eyes is not scaled, but eyelids are. Anal spine present.

**Size:** To 60 cm (24 inches). Most common size in catches is 15 to 17 inches and 1 to 2 pounds.

**Range and Habitat:** From Sea of Japan into Sea of Okhotsk and from Pacific coast of Chiba Prefecture of Japan into Bering Sea. On sand and mud bottoms from 10 to 137 fm.

**Remarks:** Taken by trawl. A fine food fish with very good flavor. Similar to rex sole, which has much longer pectoral fin on eyed side.
Family: Pleuronectidae

Korean flounder, eyed side.

Korean flounder, blind side.
Flathead Sole

(cigarette paper, paper sole)

**Description:** Right-eyed. Eyed side dark olive brown to reddish gray-brown, sometimes with dusky blotches. Blind side with white and translucent areas; dorsal and anal fins have dusky blotches. Body shape oval and very flat. Caudal fin angular with longest rays at center. Lateral line nearly straight with low arch over pectoral fin; accessory dorsal branch absent but an anterior branch runs almost to rear edge of upper eye. Mouth medium to large. Maxillary extends to below middle of lower eye. Both jaws have one row of sharp, conical teeth. Eyes large with narrow ridge and 1-2 rows of scales between them. Anal spine strong. Pores below and behind lower eye may be hard to see.

**Size:** To 56 cm (22 inches).

**Range and Habitat:** Kurile Islands north to Gulf of Anadyr. In Chukchi Sea, Bering Sea, and along Aleutian Islands south to Monterey, California. On silty or muddy bottoms from 0 to 575 ft. Most common from 55 to 135 ft.

**Remarks:** Good food fish, but body is thin. Of limited commercial use in past, but becoming more important. Very similar to Bering flounder. Petrale sole is similar, but upper jaw has two rows of teeth and lower jaw has rounded rear edge.
Family: Pleuronectidae

Flathead sole, eyed side.

Flathead sole, blind side.
Bering Flounder  

Hippoglossoides robustus

Description: Right-eyed. Eyed side reddish brown to dark grayish brown. Blind side white. Body shape elongate to oval. Caudal fin rounded. Caudal fin membranes clear, but may have dark smudges. Lateral line has low arch over pectoral fin; accessory dorsal branch absent, but anterior branch present. Mouth large with maxillary extending to below or past middle of lower eye. Upper jaw has one row of teeth. Rear of lower jaw pointed. Space between eyes flat with two rows of scales. Anal spine present. Pores ventral and posterior to lower eye may be hard to see.

Size: To 30 cm (12 inches).

Range and Habitat: From Hokkaido north into Sea of Okhotsk. From Cape Lisburne in Chukchi Sea to north side of Alaska Peninsula and Aleutian Islands. Reported from 10 to 232 ft; usually found in shallow water above 80 ft.

Remarks: Very similar to flathead sole, but has more elongate body, smaller eyes, wider space between eyes, greater curve in lateral line, and lacks raised ridge between eyes.
Family: Pleuronectidae

Bering flounder, eyed side.

Bering flounder, blind side.
Pacific Halibut
(Hippoglossus stenolepis)
(northern halibut, right halibut)

**Description:** Almost always right-eyed. Eyed side greenish brown to dark brown or black with lighter blotches. Blind side white to milky white. Body large and stout with elongate diamond shape. Caudal fin has crescent shape often indented near edges (double truncate). Lateral line has high arch over pectoral fin, accessory dorsal branch absent. Mouth medium to large with two rows of teeth on upper jaw and one row on lower jaw. Maxillary reaches to below middle of lower eye. Area between eyes flat to slightly concave. Anal spine present. Scales small and smooth on both sides of body.

**Size:** To 267 cm (105 inches) and 500 pounds. There are unverified reports of fish over 9 feet and 700 pounds. Average size in commercial catch is 30 to 40 pounds.

**Range and Habitat:** Sea of Japan and Sea of Okhotsk north to Gulf of Anadyr. Bering Sea south to Point Camalu, northern Baja California. Found from 3 to 600 fm. Mostly in 15 to 150 fm in summer, but deeper in winter.

**Remarks:** Abundant. Largest, most valuable flatfish in the northeast Pacific; important as commercial and sport fish. Similar to California halibut, which has larger mouth and less indented tail.

- Lateral line has high arch over pectoral fin
- Area between eyes flat to slightly concave
- Body large and thick; elongate diamond shape
- Caudal fin crescent shaped, often indented near edges
- Large conical teeth on both jaws; two rows on upper jaw
- Maxillary extends to about middle of lower eye
- Anal spine present
Family: Pleuronectidae

Pacific halibut, eyed side.

Pacific halibut, blind side.
**Diamond Turbot**  
*Hypsopsetta guttulata*  
(diamond flounder)

**Description:** Right-eyed. Eyed side dark greenish or grayish brown with light bluish spotting. Blind side bright porcelain white with bright yellow around mouth and edge of head. Deep body with diamond shape. Caudal fin rounded. Lateral line nearly straight with slight curve over pectoral fin; long accessory dorsal branch extends more than halfway to caudal fin. Mouth small. Maxillary extends to below anterior edge of lower eye. Teeth small; very low on eyed side. Low ridge between eyes. Anal spine present.

**Size:** To 46 cm (18 inches) and 4 pounds. Average weight for sport catch is a little over 1 pound.

**Range and Habitat:** Cape Mendocino, California, to Cape San Lucas, Baja California. Isolated population in Gulf of California. On mud and sand bottoms from 0 to 25 fm. Most common in 1 to 10 fm. Often found in bays or sloughs and up rivers in brackish to fresh waters.

**Remarks:** Highly regarded as food because of thick body and fine flavor. Sometimes has slight iodine flavor. Other turbots in its range, spotted turbot and hornyhead turbot, have four or more anterior dorsal fin rays extending down blind side.

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*Image Diagram of Diamond Turbot*  
- Skin thick, tough  
- Caudal fin rounded  
- Dorsal and anal fins are widest at middle, causing diamond shape  
- Long accessory dorsal branch extends more than half body length  
- Lateral line has slight curve over pectoral fin  
- Mouth small  
- Anal spine present
Family: Pleuronectidae

Diamond turbot, eyed side.

Diamond turbot, blind side.
**Forkline Sole**

(*Inopsetta ischyra*

*bastard sole, hybrid sole*)

**Description:** Right-eyed. Eyed side brown to olive brown and mottled with lighter and darker areas. Dorsal and anal fins with faint dusky bars. Blind side creamy white. Body diamond-shaped. Caudal fin varies from rounded to almost straight. Lateral line extends onto caudal fin; short, forked accessory dorsal branch does not extend past gill cover. Mouth small with maxillary extending below anterior edge of lower eye. Prominent rugose ridge runs from between eyes posterior to upper eye. Anal spine sharp. Rough scales on both sides of body and on dorsal and anal fins.

**Size:** To 46 cm (18 inches).

**Range and Habitat:** Bering Sea to San Francisco, California. Rare outside of Puget Sound. On soft bottom to depths of 360 ft.

**Remarks:** May be a cross between English sole and starry flounder, although rock sole has been suggested as a possible parent; quite variable, possibly due to back crosses (see Hart 1973). Distinguishable from English sole, which has no bars on fins, longer lateral line branch, and more pointed snout; and from starry flounder, which has bars on caudal fin, more distinct bars in dorsal and anal fins, and star-shaped tubercles on body.
Family: Pleuronectidae

Forkline sole, eyed side.

Forkline sole, blind side.
Dover Sole  *Microstomus pacificus*

**Description:** Right-eyed. Eyed side brown or grayish brown; may be mottled with darker spots. Fins blackish toward edges. Blind side smudgy off-white to dark brownish gray. Body elongate with very small scales. Caudal fin rounded. Lateral line nearly straight with short, unconnected branch near top of head which is difficult to see; accessory dorsal branch absent. Mouth very small. Maxillary extends to below anterior of lower eye. Teeth mostly on blind side; teeth flat and like incisors. Eyes large and bulging, with upper eye posterior to lower eye. Space between eyes convex. Anal spine absent. Soft, flabby body is slippery, because of large amounts of slime.

**Size:** To 76 cm (30 inches) and up to 10 pounds. Average size in trawl catch is about 1 pound.

**Range and Habitat:** Bering Sea and eastern Aleutian Islands to San Cristobal Bay, Baja California. On mud or sand bottoms from 5 to 750 ft. Commercial catches are from 40 to 550 ft.

**Remarks:** Common and widely distributed. Important commercially; marketed as tillets. Good flavor and good keeping qualities. Flesh quality reported to be poorer for fish caught below 300 ft.
Family: Pleuronectidae

Dover sole, eyed side.

Dover sole, blind side.
Starry Flounder  *Platichthys stellatus*

(diamond back, emerywheel, grindstone)

**Description:** Belongs to right eyed flounder family, but can also be left-eyed. Eyed side olive to dark brown or almost black. Unpaired fins white to yellow to orange with black bars. Blind side white to creamy white. Body shape oval. Caudal fin nearly square or slightly rounded. Lateral line with slight curve over pectoral fin; accessory dorsal branch absent. Mouth small. Maxillary extends below anterior part of lower eye. Eyes small with lower eye anterior to upper eye. Space between eyes flat. Head slender, pointed. Anal spine strong. Scattered rough tubercles (star-like scales) on eyed side.

**Size:** To 91 cm (.36 inches) and 20 pounds. Usual size is 12 to 14 inches.

**Range and Habitat:** In Sea of Japan and Sea of Okhotsk. From Chukchi Sea, Bering Sea, and Aleutian Islands south to Los Angeles Harbor, California. On mud, sand, or gravel bottoms from 0 to 205 fm; most occur above 80 fm. Usually found near shore. Often enters brackish or fresh water, and young fish are often intertidal.

**Remarks:** Common. Important sport fish. Highly regarded as food fish, but has moderate commercial value. Processing difficult due to rough skin, and needs to be deep skinned to remove unappetizing, dark fat layer.
Family: Pleuronectidae

Starry flounder, eyed side. Left-eyed and right-eyed specimens.

Starry flounder, blind side. Left-eyed and right-eyed specimens.
Starry Flounder

*Platichthys stellatus*

*Starry flounder, eyed side. Right eyed specimen.*

*Photo by Donald E. Kramer*

*Starry flounder, blind side. Right-eyed specimen.*
Family: Pleuronectidae

Starry flounder, eyed side. Left-eyed specimen.

PHOTO BY DONALD L. KRAMER

Starry flounder, blind side. Left-eyed specimen.

PHOTO BY DONALD L. KRAMER
Yellowfin Sole

(Alaska dab, muddab, northern sole)

**Pleuronectes asper**

Formerly **Limanda aspera**


**Size:** To 48 cm (19 inches). Average size is 13 inches and 1/2 to 1 pound.

**Range and Habitat:** In Sea of Japan and Sea of Okhotsk. From Cape Lisburne, Chukchi Sea, through Bering Sea and Aleutians to Barkley Sound, Vancouver Island. Very rare in British Columbia. On sandy to hard bottoms from 1 to 328 fm. Most common in shallow water to 50 fm.

**Remarks:** Excellent food fish. Dominant flatfish in Bering Sea. Distinguished from butter sole, forkline sole, and rock sole, which have a dorsal accessory branch to the lateral line. Similar to Sakhalin sole, which lacks black line at base of fins.
Family: Pleuronectidae

Yellowfin sole, eyed side.

Yellowfin sole, blind side.
Rock Sole
(broadfin sole, roughscale sole, two-lined flounder)

**Description:** Right-eyed. Eyed side gray to olive to dark brown or black, mottled with lighter or darker shades, sometimes spotted with yellow or red. Dorsal and anal fins have dark blotches or bars; fins may be yellowish near tail. Body thick, oval to round. Caudal fin rounded or in shape of a broad V. Lateral line has high arch with flat top; accessory dorsal branch short. Mouth small with fleshy lips. Maxillary extends below anterior edge of eye. Teeth more strongly developed on blind side. Eyes small. Anal spine strong. Scales rough, tuberculate on eyed side.

**Size:** To 61 cm (24 inches) and 6 pounds. Weight is usually between 1 and 1½ pounds.

**Range and Habitat:** In Sea of Japan and Sea of Okhotsk. From Bering Strait south to Tanner Bank off southern California. On rocky, pebbly, or sandy bottoms from 0 to 315 ft. Most are caught in 20 to 40 ft.

**Remarks:** Abundant. Good food fish. Important commercial species in Canada and of increasing importance in Alaska, particularly for fish with roe. Similar to butter sole, which has a low lateral line arch and longer accessory dorsal branch.
Family: Pleuronectidae

Rock sole, eyed side.

Rock sole, blind side.
Arctic Flounder
(polar flounder)

*Pleuronectes glacialis*
Formerly *Liopsetta glacialis*

**Description:** Right-eyed. Eyed side brownish with dark markings. Dorsal and anal fins spotted. Blind side chalky white to lime green. Body elongate, Caudal fin rounded. Lateral line almost straight with slight curve over pectoral fin; accessory dorsal branch absent, but lateral line is forked at head end to form anterior branch and ventral branch. Mouth medium-sized. Maxillary reaches to anterior edge of lower eye. Teeth primarily on blind side. Prominent rugose ridge runs posterior to eyes. Scales small. Anal spine present.

**Size:** To 25 cm (10 inches).

**Range and Habitat:** White Sea east through Beaufort Sea to Bathurst Inlet, Northwest Territories. South into Bering Sea and Sea of Okhotsk. Shallow water species found to 50 fm.

**Remarks:** A northern species. Sometimes enters fresh water.
Family: Pleuronectidae

Arctic flounder, eyed side.

Arctic flounder, blind side.
Butter Sole
(Bellingham sole, scalyfin sole, Skidegate sole)

*Pleuronectes isolepis*  
*Formerly Isopsetta isolepis*


**Size:** To 55 cm (22 inches). Usually under 12 inches with average about 8 inches.

**Range and Habitat:** Southern Bering Sea and Aleutian Islands south to Ventura, southern California. On muddy or silty bottoms from 0 to 232 fm. Common in shallow water; few deeper than 50 fm.

**Remarks:** Good food fish with excellent flavor. Low commercial value because of small size and rough scales. Similar to rock sole, which has higher arch in lateral line and shorter accessory dorsal branch.

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![Diagram of Butter Sole](image-url)

- Lateral line has low arch over pectoral fin
- Accessory dorsal branch moderately long
- Caudal fin rounded to broad V-shape
- Fins edged with yellow
- Rough scales on head, body, and fins
- Eyes small with flat, narrow space between them
- Mouth small
Family: Pleuronectidae

Butter sole, eyed side.

Butter sole, blind side.
Dark Flounder

*Pleuronectes obscurus*

Formerly *Liopsetta obscura*

**Description:** Right-eyed. Eyed side uniform dark brown. Blind side yellowish white. Dorsal and anal fins have indistinct dark bars. Caudal fin rounded and sometimes tipped with yellow. Lateral line has low but distinct arch over pectoral fin. Accessory dorsal branch absent. Maxillary reaches below anterior edge of eye. Teeth large and blunt, primarily on blind side. Space between eyes has scales. Anal spine present.

**Size:** To 40 cm (16 inches).

**Range and Habitat:** From Yellow Sea and Sea of Japan into Sea of Okhotsk. Reported from Alaskan waters, but that record is doubtful. Can live in brackish water.

**Remarks:** An Asian species that rarely, if ever, strays into Alaskan waters.
Family: Pleuronectidae

Dark flounder, eyed side.

Dark flounder, blind side.
Longhead Dab  
*Pleuronectes proboscideus*  
Formerly *Limanda proboscidea*

**Description:** Right-eyed. Eyed side olive brown to grayish brown with small, indistinct, whitish spots. Blind side lemon yellow, brighter at upper and lower edges of body. Body shape elongate to oval. Caudal fin slightly rounded. Head long, pointed. Dorsal profile concave above eyes. Lateral line has high, prominent arch; accessory dorsal branch absent. Mouth small. Maxillary barely reaches to below anterior edge of lower eye. Teeth very small, primarily on blind side. Rugose ridge posterior to eyes. Anal spine present.

**Size:** To 41 cm (16 inches).

**Range and Habitat:** From Peter the Great Bay north into Sea of Okhotsk. From Cape Krusenstern, Chukchi Sea, south into Bering Sea. Along north side of Alaska Peninsula to Bristol Bay. Taken from 5 to 68 fm. Most found above 50 fm.

**Remarks:** Distinguished from yellowfin sole by shape of head and color of blind side. The Alaska plaice also has a yellow blind side but has 3 to 7 prominent bony cones posterior to the upper eye, not present in the longhead dab.

![Diagram of Longhead Dab with labeled parts: Lateral line has high arch over pectoral fin, Dorsal profile concave above eyes, Caudal fin slightly rounded, Head long, pointed, Yellow tips on rays of dorsal, anal, and caudal fins, Anal spine present.](image-url)
Family: Pleuronectidae

Longhead dab, eyed side.

Longhead dab, blind side.
Alaska Plaice  *Pleuronectes quadrituberculatus*

(lemon sole, yellow-bellied flounder)

**Description:** Right-eyed. Eyed side uniform olive green to brown to black. Blind side yellow. Round to oval body shape. Dorsal head profile distinctly convex. Caudal fin rounded. Lateral line has moderate arch over pectoral fin; accessory dorsal branch absent, but short lateral line branch runs anterior along top of head. Small to medium-sized mouth. Maxillary extends below anterior part of lower eye. Teeth primarily on blind side. Ridge anterior to upper eye broken into 3 to 7 prominent bony cones. Anal spine present.

**Size:** To 60 cm (24 inches) and 3 pounds. Average size caught is about 15 inches and 1½ pounds.

**Range and Habitat:** From Peter the Great Bay north into the Sea of Okhotsk. From Point Hope, Chukchi Sea, south through the Bering Sea to Port Camden, southeast Alaska. One report from Washington cannot be verified.

**Remarks:** An incidental catch in Bering Sea trawl fisheries. Resembles English sole, which has white blind side and lacks bony cones behind upper eye, and has a more pointed head shape. Longhead dab has a yellow blind side but like English sole, lacks the bony cones and has a more pointed head shape.
Family: Pleuronectidae

Alaska plaice, eyed side.

Alaska plaice, blind side.
Sakhalin Sole
(Sakhalin flounder)

**Pleuronectes sakhalinensis**
Formerly *Limanda sakhalinensis*


**Size:** To 35 cm (14 inches).

**Range and Habitat:** Sea of Okhotsk through western and central Bering Sea at least as far east as the Pribilof Islands. Most common in western Bering Sea. Rare in eastern Bering Sea. Found from 11 to 41 ft.

**Remarks:** Very similar to yellowfin sole (which has rounder body, darker color, higher arch in lateral line, and a narrow black line on eyed side at base of dorsal and anal fins). Similar to rock sole (which is darker and has an accessory dorsal branch of the lateral line).
Family: Pleuronectidae

Sakhalin sole, eyed side.

Sakhalin sole, blind side.
English Sole

\(\text{Pleuronectes vetulus}\)  
Formerly \(\text{Parophrys vetulus}\)

(California sole, lemon sole, pointed nose sole)

**Description:** Right-eyed. Eyed side usually uniform brown to olive brown but may have white speckles. Dorsal and ventral fin edges dark. Blind side white to pale yellow tinged with reddish brown. Body elongate, diamond shaped. Small head is slender and pointed. Caudal fin nearly square with slight point at center. Lateral line nearly straight with slight curve; long accessory dorsal branch. Mouth small and asymmetric. Jaws stronger on blind side. Maxillary extends to anterior edge of lower eye. High, narrow ridge between eyes. Anal spine strong. Scales smooth at anterior part of body and rough at posterior.

**Size:** To 61 cm (24 inches). Average size in commercial catch (mostly females) is about 14 inches and 1/4 pound.

**Range and Habitat:** Bering Sea and Aleutian Islands to San Cristobal Bay, Baja California. On sand bottom from 0 to 300 ft. Young are intertidal. Commercial quantities caught at 15 to 80 ft.

**Remarks:** Important commercial species caught by trawl. Good flavor. May have iodine flavor that is acceptable and even desirable in some markets.
Family: Pleuronectidae

English sole, eyed side.

English sole, blind side.
C-O Sole

(Pleuronichthys coenosus)

(C-O turbot, mottled turbot, popeye sole, spot flounder)


Size: To 36 cm (14 inches).

Range and Habitat: Sitka, Alaska, to San Quintin Bay, Baja California. On both soft and hard bottoms from 0 to 191 ft. Usually in water less than 10 ft.

Remarks: Edibility good. Filleting is difficult because of small size and tough skin. Similar to hornyhead turbot, which has spine at front of bony ridge between eyes; and spotted turbot, which has a different pattern of dark markings on body. Can be confused with curlfin sole, which has the first 9 to 12 dorsal fin rays on the blind side.
Family: Pleuronectidae

C-O sole, eyed side.

C-O sole, blind side.
Curlfin Sole

*Pleuronichthys decurrens*

*(California turbot, curlfin turbot)*

**Description:** Right-eyed. Eyed side yellowish or reddish brown to dark brown or black, usually with brown or grey motiling. Fins dark; dorsal and anal fins high. Blind side white. Body deep oval shape. Caudal fin rounded. Lateral line has slight curve over pectoral fin; long accessory dorsal branch reaches to midpoint of body. Mouth small. Maxillary extends to below anterior part of lower eye. Eyes large, closely set. High, bony ridge between eyes with tubercle or blunt spine at each end. Has 2 or 3 bony tubercles on head behind upper eye. Anal spine present. First 9 to 12 dorsal fin rays are on blind side. Origin of dorsal fin level with lower corner of mouth.

**Size:** To 37 cm (15 inches).

**Range and Habitat:** Bering Sea to San Quintin Bay, Baja California. On soft bottoms from 4 to 291 ft. Most found above 50 ft.

**Remarks:** Edibility very good. Moderately important in California trawl fishery. Similar to spotted and hornhead turbots, which have 4 to 6 dorsal fin rays inserted on blind side.
Family: Pleuronectidae

Curflin sole, eyed side.

Curflin sole, blind side.
Spotted Turbot
(Pleuronichthys ritteri)

Description: Right-eyed. Eyed side brown to gray with light speckling, with two distinct dark spots along lateral line and two more at ends of dorsal and anal fins. Blind side white. Body shape oval. Caudal fin rounded. Lateral line almost straight; accessory dorsal branch long. Low, flat ridge between eyes. Anal spine present. First 5 or 6 rays of dorsal fin on blind side with first ray above level of mouth.

Size: To 29 cm (11 inches).

Range and Habitat: Morro Bay, central California, to Magdalena Bay, southern Baja California. From 1 to 25 ft. Found in bays and lagoons as well as offshore.

Remarks: Common inshore. Similar to hornyhead turbot, which has sharp spine at rear of ridge between eyes; and to curlfin sole, which has 9 to 12 dorsal fin rays inserted on blind side.
Family: Pleuronectidae

Spotted turbot, eyed side.

Spotted turbot, blind side.
Hornyhead Turbot  \textit{Pleuronichthys verticalis}  
(sharpridge flounder)


\textbf{Size}: To 37 cm (15 inches). Usual size about 6 inches and a little less than 1 pound.

\textbf{Range and Habitat}: Oregon to Magdalena Bay, southern Baja California, and in Gulf of California. Common along southern California coast. Found in bays and sloughs. On soft bottom from 5 to 110 ft.

\textbf{Remarks}: Edibility fair. Similar to spotted turbot and C-O sole, both of which have teeth in lower jaw on eyed side. Also similar to curlfin sole, which has 9 to 12 dorsal fin rays on blind side.
Family: Pleuronectidae

Hornhead turbot, eyed side.

Hornhead turbot, blind side.
Sand Sole  \textit{Psettichthys melanostictus}

(fringe sole, sand flounder, spotted flounder)

**Description:** Right-eyed. Eyed side light green or gray to brown with fine, dark brown to black speckles. Skin on eyed side has the feel of fine sandpaper. Dorsal and anal fins often have dull yellow on edges. Blind side white. Body shape elongate to oval. Caudal fin rounded. Lateral line has slight curve over pectoral fin; accessory dorsal branch short to moderate. Mouth large with large teeth. Maxillary extends below middle of lower eye. Eyes small with flat, wide space between them. Anal spine strong. First few dorsal fin rays elongate and mostly free of membrane.

**Size:** To 63 cm (25 inches) and over 5 pounds.

**Range and Habitat:** Bering Sea and Aleutian Islands to Redondo Beach, southern California. From near shore to 178 fm. A shallow water species usually found above 40 fm. Prefers sandy bottom.

**Remarks:** Fine food fish. Common and often caught by sport fishermen from shore. A minor part of the commercial trawl catch.
Family: Pleuronectidae

Sand sole, eyed side.

Sand sole, blind side.
Greenland Halibut  *Reinhardtius hippoglossoides*

*(Greenland turbot, lesser halibut, Newfoundland turbot)*

**Description:** Right-eyed. Eyed side very dark brown to purplish black. Blind side dark gray, usually with lighter speckling. Fish is elongate, diamond-shaped. Caudal fin slightly concave. Lateral line almost straight with slight slope over pectoral fin; accessory dorsal branch absent. Mouth very large with strong conical teeth. Maxillary extends below posterior part of lower eye or beyond. Eyes small with flat, wide space between them. Upper eye on dorsal ridge is visible from blind side. L-shaped (angular) preopercle has 4 or 5 large pores along lower and posterior margins. Anal spine absent.

**Size:** To 120 cm (47 inches) and over 25 pounds. Average size in trawl catches is about 25 inches and 5 to 9 pounds.

**Range and Habitat:** In arctic waters and northern Atlantic and Pacific Oceans. In Sea of Japan and Sea of Okhotsk. From Chukchi Sea south to Coronado Islands, northern Baja California. Rare south of Alaska. Taken from 7 to 1,094 ft. Primarily a deepwater species.

**Remarks:** A good food fish and commercially important. Similar to arrowtooth and Kamchatka flounders, which have crescent-shaped preopercle and lighter blind side.
Family: Pleuronectidae

Greenland halibut, eyed side.

Greenland halibut, blind side.
Glossary

The following terms for describing flatfish are defined as used in this guide-
book and in the references listed in it.

**Abdominal ridge**: The margin along the ventral edge of a flatfish separating
the eyed and blind sides.

**Accessory dorsal branch (ADB)**: A branch of the lateral line running from
near the head and back toward the tail, just below the base of the
dorsal fin.

**Anal fin**: An unpaired fin on the ventral side of the body between the anus
and the tail.

**Anal spine**: A hard, sharp spine pointing anterior and located anterior to the
anal fin.

**Anterior**: Of, related to, or toward the front or head end.

**Anus**: The posterior external opening of the digestive tract; the vent.

**Asymmetrical**: Not symmetrical; one side is not a mirror image of the other.

**Blind side**: The bottom side of a flatfish. This side lacks eyes and usually has
little or no pigmentation.

**Caudal fin**: The tail fin.

**Caudal peduncle**: The narrow fleshy end of the body that supports the caudal
fin.

**Confluent**: A term used to describe adjoining fins that run into each other
with little or no break between them.

**Deciduous**: Describes scales that are easily detached.

**Dextral**: Right-eyed; has both eyes on right side and lies on left side, as
opposed to sinistral.

**Dorsal fin**: An unpaired fin on the dorsal or upper side of the body, between
the head and the tail.

**Dorsal ridge**: The margin along the dorsal edge of a flatfish separating the
eyed and blind sides.

**Dorsal spine**: Hard, usually sharp fin supports found in anterior part of dorsal
fin in some fishes.
**Double truncate:** Refers to the caudal fin shape that is indented above and below the center; longer parts are at edges and at center.

**Elongate:** Body shape stretched out; notably long in relation to width.

**Eyed side:** The top side of a flatfish. This side has eyes and is more darkly pigmented than the side that lies against the bottom.

**Fork length:** The measurement from the farthest anterior projection of the head to the tips of the middle rays of the caudal fin.

**Gill arch:** The foundation or bony support of the gill.

**Gill cavity:** Chamber at the back and bottom of the head that contains the gills.

**Gill cover:** The bony covering of the gill cavity composed of the opercular bones; the operculum.

**Gill filament:** Long projections from the posterior side of the gill arches that extract oxygen from the water.

**Gill raker:** A bony, toothlike structure on the anterior edge of the gill arch used for protection or for straining out food.

**Head length:** The measurement from the tip of the snout (upper jaw) to the farthest edge of the gill cover.

**Indented:** Refers to the crescent-shaped caudal fin.

**Interorbital space:** The space on top of the head between the bony edges of the orbits or eye sockets.

**Lateral line:** A series of modified scales with pore-like openings to a sensory canal along the side of a fish.

**Lunate:** Refers to the caudal fin shape that is indented and looks like a crescent.

**Mandible:** The lower jaw.

**Maxillaries:** A pair of bones that form the back part of the upper jaw and often have teeth.

**Median fin:** An unpaired fin lying on the midline that divides the fish into right and left halves, such as dorsal and anal fins.

**Ocellus:** A round to oval eyelike pigment spot (plural is ocelli).

**Opercle:** The large, rectangular bone that forms most of the gill cover.
Operculum: The bony covering of the gill cavity composed of the opercular bones; the gill cover.

Paired fins: Pectoral and pelvic fins that occur in pairs, in contrast to unpaired median fins.

Pectoral fins: The uppermost of two sets of paired fins.

Pelvic fins: Paired fins on ventral part of body; also called ventral fins. They may be near anus, below pectoral fins, or near throat.

Peritoneum: The inner lining of the abdominal cavity.

Pointed: Refers to the caudal fin shape that is pointed at the center.

Pore: A sensory organ in the skin of fish consisting of a blind opening or pit.

Posterior: Of, related to, or toward the rear or tail end.

Premaxillaries: A pair of bones that form the front part of the upper jaw and usually have teeth.

Preopercle: The most anterior bone in the gill cover, lying anterior to the opercle.

Protuberance: An outward bulge.

Ray: A flexible, jointed rod that supports the fin membrane.

Rounded: Refers to the caudal fin shape that curves in a convex arc.

Sinistral: Left-eyed; has both eyes on left side and lies on right side, as opposed to dextral.

Snout length: The measurement from the tip of the snout (upper jaw) to the anterior edge of the orbit.

Spine: A fin support that is more or less stiffened and may have a sharp tip. Spines do not branch and do not have obvious segments.

Square: Refers to shape of caudal fin that is nearly straight, as though cut off.

Standard length: The measurement from the farthest anterior projection of the head to the base of the caudal fin (where it joins the body).

Stellate: Starlike in shape or arrangement.

Strong (anal spine): Well developed, easy to find (see weak anal spine).

Subopercle: The bone in the gill cover below the opercle.

Symmetrical: Having one side the mirror image of the other.
Truncate: Refers to the caudal fin shape that is nearly straight, as though cut off.

Tubercle: A lump or projection on the surface, usually a modified scale.

Tuberculate: Covered with tubercles.

Unpaired fins: Median fins.

Vent: The posterior external opening of the digestive tract; the anus.

Ventral fins: Paired fins on the lower part of the body; may be near anus, below pectoral fins, or near throat; also called pelvic fins.

Vomer: A bone, usually bearing teeth, at the front part of the roof of the mouth.

Weak (anal spine): Small, difficult to find (see strong anal spine).
Selected References

Following are some of the references and guidebooks used in preparing this publication. They will provide additional information on the species covered in the guide. Many scientific papers that were consulted in the preparation of this field guide are not included here.


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